noguchi

Teen Advisory Board (TAB), 2019–20

The Noguchi Museum's Teen Advisory Board (TAB) prioritized self-care during their meetings when the COVID-19 outbreak occurred. They chose artworks and writing by Isamu Noguchi, and created personal interpretations of these works. They also created the following collaged artwork inspired by their interpretations, sharing personal reminders and ways to cope with stress and anxiety during this difficult time.

TAB Members, 2019–20: Sebastian Barreto, Tamara Bueno, Railyn Calderon, Cassandra Depeiza, Sirce Guevara, Sui Liu, Melanie Marin, Linneth Márquez, Dylan Salaun, Noelle Salaun, Zeynep Torgut, Luis Vasquez



Sebastian Barreto

"Everything is of the moment, and I was intent on not wasting my time - except, of course, with heads, which kept me going." Isamu Noguchi on Area 12, The Noguchi Museum.

Overthinking every minuscule life choice haunted me, and led me to constantly worry about my future. Reminding myself to remain in the present saves my sanity, and it means everything to me.



Tamara Bueno

"There are many ways in which elements may add up to become something more than the sum of their parts. The actuality of tension may be superseded by its implication. Here gravity became the glue, the ring a containment, something magic. Merlin drew it in sand." Isamu Noguchi on *Magic Ring*, 1970.

As our lives change, as quick as an on and off switch, we learn that we hold a large significance in this world. We may feel small, but we truly are not. The small moments of happiness, the small moments in a family bond, and that small feeling of success can lead to something bigger and powerful when put together.



Railyn Calderon

"I perceive my limitations even as I work. There are times when I see nothing but restrictions, barriers. Learning takes time." Isamu Noguchi on *Tsukubai (Waterholder)*, 1962.

In life, we face many challenges and barriers. We need to learn to break all those barriers and chains we have on us. At the end of the day, we will learn to grow as individuals no matter what we go through and there will always be some kind of rainbow at the end.



Cassandra Depeiza

"A gift comes from the past, the residue of what we have already done. The unwanted part. Then one day there is revealed to us another potential which we are now ready for. To find from our own past the needed confidence: out of violence comes a calm." Isamu Noguchi on *Age*, 1981.

In order to find peace within yourself, you need to find peace with your past. If people have a negative past, they sometimes don't deal with it or shy away from it. However, part of growth and self-healing is finding peace with your past.



Sirce Guevara

"The mortal remains of skin and bones, the tears of things. Hanging weight is where bronze functions. Our pendulous and precarious existence is shaped by gravity." Isamu Noguchi on *Mortality*, 1959 (cast 1965).

I get these surges for life, where I feel so incredibly infinite, strong, and passionate for Art. Like a big rush, it flows down when I realize the wear on my body, like an overdrive of exhaustion. But I'll never stop because I live for Art - it's my joy and peace.



Sui Liu

"I perceive my limitations even as I work. There are times when I see nothing but restrictions, barriers. Learning takes time." Isamu Noguchi on *Tsukubai (Waterholder)*, 1962.

It is easy to want to be better than you already are, but you should remember that there is a process to improvement. I often wish I were able to create something that truly embodies what I envision, but my abilities cannot satisfy that desire. I learned to appreciate and cultivate the abilities I do have, because what matters is what you make of what you have.



Melanie Marin

"I perceive my limitations even as I work. There are times when I see nothing but restrictions, barriers. Learning takes time." Isamu Noguchi on *Tsukubai (Waterholder)*, 1962.

You can do anything you like, as long as you have the determination and don't listen to what other people tell you what you can and can't do. At the same time, understand your limitations and be sure not to push yourself too hard.



Linneth Márquez

"My house in Peking was on Ta Yang Mao Hutung, 18. My rickshaw boy would go out and bring girls off the street to pose for me. Drawing them, I came to know the people as well as I did the life of the city on all levels. I felt confident that I could maintain myself as such an artist. My cook was my chief critic—the only one, I believed." Isamu Noguchi on *Peking Brush Drawing*, 1930.

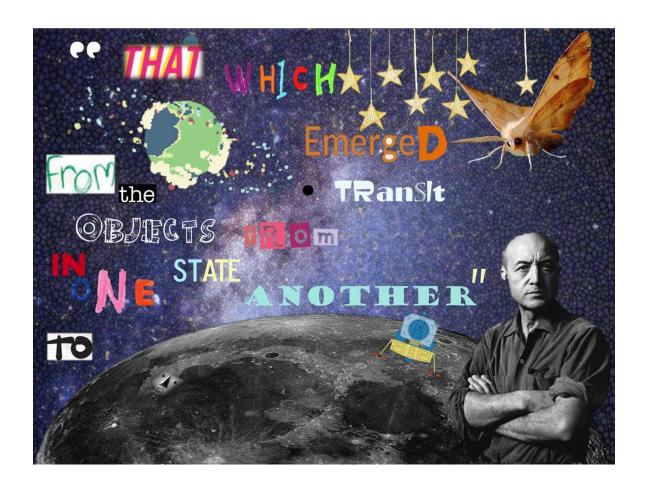
For me, making art is a way to express myself and release tension in my body, and finishing an artwork makes me feel confident in myself. I know I did it with all my heart, and the fact that doing these kinds of things could help me build a successful future makes me more passionate.



Dylan Salaun

Asked by my friend Yoshirō Taniguchi to make a sculpture for the museum in Tokyo, but there being no funds, I conceived this sculpture using the same box girders as had been used for the highways built for the Olympics." Isamu Noguchi on *Gate*, 1969.

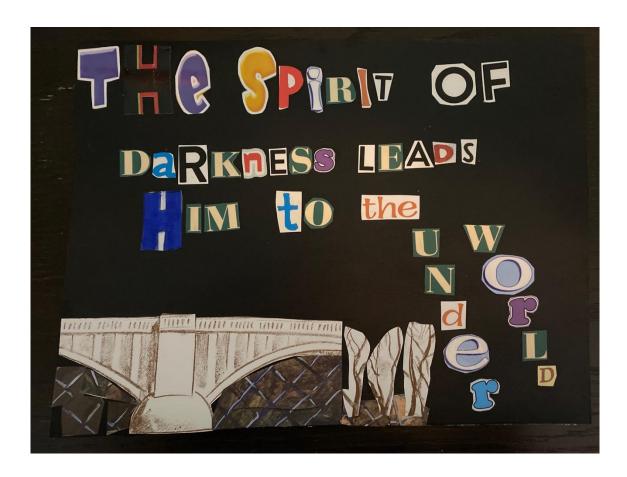
Noguchi demonstrated his resourcefulness with this sculpture. He knew he needed to take this commission but didn't have the means to do so. Instead of giving up, he found a way. To give this video some context, I combined parts that I wrote with parts from other songs, similar to Noguchi's process. The scales I used are from classical music. During the early 80s, guitarists like Paul Gilbert recycled classical scales and used them in his music, giving birth to a genre known as neoclassical metal music.



Noelle Salaun

"That which emerges from the earth. Objects in transit from one state to another." Isamu Noguchi on *Emergent*, 1971.

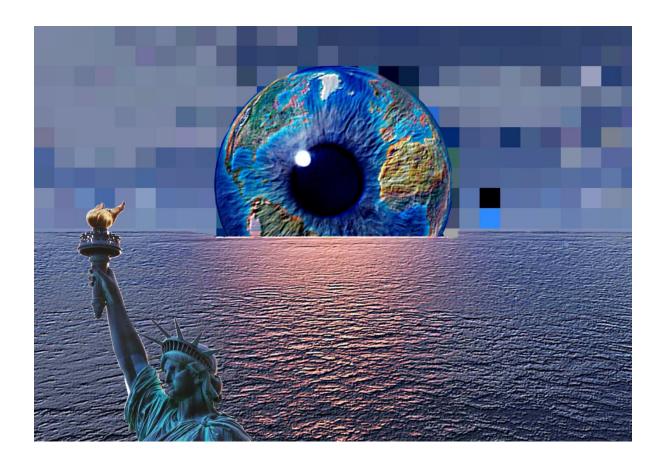
We must take time to recognize how things are out of our control and that may be for the best. Everything that happens leads us to the next chapter, and this can foster new ways of thinking and opportunities that force us to adapt.



Zeynep Torgut

"The spirit of darkness leads him to the underworld." Isamu Noguchi on Orpheus, Study Model, 1948.

When there's something heavy on your mind, a weight that's holding you down, it can get so bad and mess up your thoughts that it can turn into something really devastating and unfortunate, like going to the underworld, passing away. In the concept of self-care, if you don't give yourself time to just relax and take a breather, you can fall into a pit of darkness that will be hard to get out of.



Luis Vasquez

"I could never believe that the experience of sculpture had to be restricted to vision only. The making and ownership of art could also be beyond personal possession—a common and free experience." Isamu Noguchi on Area 11, The Noguchi Museum.

Art is not only what we can see. Art also helps us expand our horizons and gain new perspectives. I find gratification in the fact that there is freedom to experience art in many ways.